

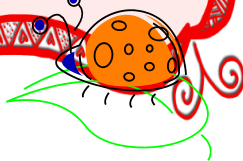
Your School Counselor

Mrs. Dando



My name is Jen Dando, and this is my second year as an elementary counselor. I have a Masters degree in school counseling with certification for pre-k through 12th grade.

While I have experience with all age groups, elementary counseling is my passion. I believe in being proactive & creative in my approach with students. I often teach young students that I'm just like a ladybug. I'm the lady you come to when something bugs you. I look forward to this year at RES!

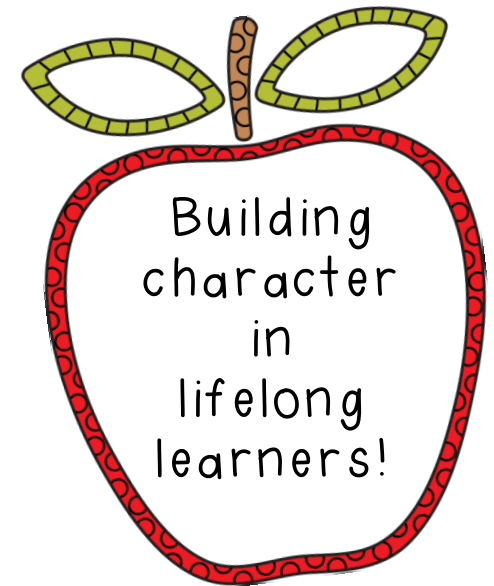


Contact Information

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Ridgeview
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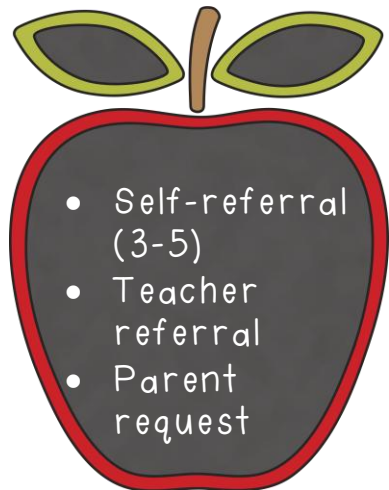
Counseling
Program
2013-2014

What is a School Counselor?

A school counselor is an educator who focuses in the development of academic, career, and personal/social awareness. Counselors believe in helping all students. At RES, your counselor will also help with Second Step.

School counselors may work with students individually, in groups, or in a classroom setting.

How do I see my Counselor?

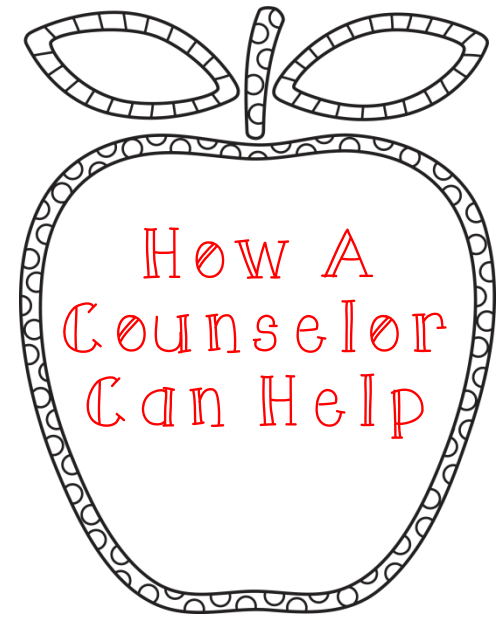


Confidentiality

“Professional school counselors recognize their primary obligation for confidentiality is to the student but balance that obligation with an understanding of the legal and inherent rights of parents or guardians to be the guiding voice in their children’s lives”. –American School Counseling Association (ASCA)

Parents or guardians will always be informed of a counselor visit. The counselor will explain to the student that what they “say in here, stays in here”. Unless...

- Someone is hurting you
- You want to hurt someone
- You want to hurt yourself



Counselors often help in group or individual settings.

Common Concerns May Be:

- Anxiety
- Divorce (family change)
- Behavior
- Anger
- Goal-setting
- Peer pressure
- Making good choices
- Building friendships
- Grief
- Bullying
- Feelings
- And so much more!